



Memorandum

To: Gold Coast Health Plan Practitioners and Office Managers
From: C. Albert Reeves, M.D., Chief Medical Officer
Re: **California Department of Public Health Advisory – Zika Virus**
Date: Feb. 3, 2016

Gold Coast Health Plan (GCHP) is providing important information to you from the California Department of Public Health (CDPH) regarding the Zika virus.

Zika virus is a mosquito-borne flavivirus transmitted by *Aedes aegypti* and possibly *Aedes albopictus* mosquitoes. These vectors also transmit dengue and chikungunya virus and are found throughout the world, including parts of the United States, California and Fresno County.

With the recent outbreaks in the Americas, the number of Zika virus disease cases among travelers visiting or returning to the United States likely will increase, and infections have been reported in travelers returning to the United States.

Zika virus infection can cause fever, maculopapular rash, arthralgia or conjunctivitis within three to seven days of exposure. Zika virus infections also have been confirmed in several infants with microcephaly and in fetal losses in women infected during pregnancy.

[Click here](#) to view CDPH's Zika Health Advisory.