



# Memorandum

To: Gold Coast Health Plan CHDP Providers and Office Managers

From: Kim Osajda, MSN, RN  
Director of Quality Improvement

Re: **CHDP Program Well-Child Exam Schedule**

Date: May 19, 2016

Gold Coast Health Plan (GCHP) values the health of its members. The Child Health and Disability Prevention (CHDP) program is a state and federally funded program that provides periodic health examinations and services to low-income children and youth.

Results of our HEDIS<sup>®</sup> 2016 quality reviews show that many children enrolled in the CHDP program are receiving their well-child exams every two years instead of annually.

Ventura County's [CHDP Eligibility Assessment Schedule](#) indicates that children and youth between the ages 2 to 20 should receive preventive care exams annually. The [American Academy of Pediatrics](#) also recommends annual physical exams beginning at birth.

As a primary care physician, you are required to provide preventive health care according to nationally recognized criteria. The required components of preventive care exams include:

- Health history
- Developmental and behavioral assessments
- Nutrition and physical activity assessments
- Sensory screenings
- Physical examinations
- Oral health
- Health education/Anticipatory guidance

Please schedule your patients for their preventive care exams annually in accordance with AAP and CHDP guidelines.

If you have any questions, please contact the Quality Improvement Department at (805) 437-5592 or [hedis@goldchp.org](mailto:hedis@goldchp.org).